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[www.kanehealth.com](http://www.kanehealth.com)

## **Adults Need Vaccines, Too!**

### **Kane County Health Department Celebrates National Immunization Awareness Month**

Every year, thousands of adults in the United States suffer serious health problems, are hospitalized, or even die from diseases that could have been prevented by vaccinations. To celebrate the importance of immunizations throughout life – and to help remind adults that they need vaccines, too – the Kane County Health Department is participating in National Immunization Awareness Month. This is the perfect opportunity to make sure adults are protected against diseases like flu, whooping cough, tetanus, shingles, and pneumococcal disease.

The specific vaccines adults need are determined by factors such as age, lifestyle, risk conditions, locations of travel, and previous vaccines. All adults should talk to their health care providers about which vaccines are right for them.

There is a misconception among many adults that vaccines are just for kids children. The truth is you never outgrow the need for immunizations. To find out which vaccines might be right for you and where you can get vaccinated, visit [www.kanehealth.com/immunizations.htm](http://www.kanehealth.com/immunizations.htm) or [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines).

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