

FOR IMMEDIATE RELEASE:

Aug. 12, 2021

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Area seniors invited on monthly nature walks this fall

GENEVA, IL — The Forest Preserve District of Kane County invites area seniors to join us for our free monthly “Senior Stroll” programs.

On the first Thursday of each month, Forest Preserve naturalists lead a leisurely walk through a Kane County forest preserve and share the natural and cultural history along the way. Dress for the weather – these outdoor programs celebrate the change in seasonal surroundings! Each program includes a pleasant ramble lasting about an hour, followed by social time in the shelter.

Join us at one or all of the upcoming Senior Strolls:

- Thursday, Sept. 2, from 10 a.m. - 12 p.m. at Pingree Grove Forest Preserve; 14N187 Rte. 20, Pingree Grove.
- Thursday, Oct. 7, from 10 a.m. - 12 p.m. at Les Arends Forest Preserve; 2S731 Rte. 31, Batavia
- Thursday, Nov. 4, from 10 a.m. - 12 p.m. at Camp Tomo Chi-Chi Knolls, 40W095 Freeman Rd., Gilberts

No registration is required for these programs. To see a full roster of Forest Preserve District nature programs, visit www.kaneforest.com. Find us on social media by searching @forestpreserve.