



Free Webinar on Maintaining Health During the COVID-19 Pandemic

September 24, 2020 – The Kane County Health Department’s (KCHD) Kane Health Counts Chronic Disease Action Team will present a free Zoom online webinar “Maintaining Your Health During a Pandemic” on Thursday, October 8 at 6:30 p.m.

Dr. Omar Z. Aiyash, Family Medicine Physician, Rush Copley Medical Group, will present on how to manage your chronic conditions, followed by a Q&A panel with experts on cancer, diabetes, heart health, nutrition and community resources. Participants are welcome to participate in a question and answer session.

To register, visit <https://bit.ly/3i4Mqrm>

Kane Health Counts is a Kane County community health improvement initiative in partnership with hospitals, community health centers and other community healthcare and social services in Kane County. More information is available at KaneHealthCounts.org.

For additional information and current updates on the COVID-19 situation, visit the KCHD website at KaneHealth.com or call the health department at 630-208-3801.

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