



Kane County COVID-19 Community Level Returns to “High”

Kane County has returned to what the CDC is designating as “high” community COVID-19 level. According to the CDC, 94 Illinois counties are now rated at **High Community Level** including the surrounding counties of Cook, DeKalb, DuPage, Kendall, Lake and McHenry.

The CDC recommends the following measures for people in areas that are rated at **High Community Level** for COVID-19 transmission:

- Wear a well-fitting mask indoors in public, regardless of vaccination status
- If you are immunocompromised or [high risk](#) for severe disease
 - Wear a [mask or respirator](#) that provides you with greater protection
 - Consider avoiding non-essential indoor activities in public where you could be exposed
 - Talk to your healthcare provider about whether you need to take other precautions
 - Have a plan for rapid testing if needed (e.g., having home tests or access to testing)
 - IF YOU TEST POSITIVE: Talk to your healthcare provider about whether you are a candidate for treatments like oral antivirals, and monoclonal antibodies
- If you have household or social contact with someone at [high risk](#) for severe disease
 - consider self-testing to detect infection before contact
 - consider wearing a mask when indoors with them
- Stay up to date with COVID-19 vaccines and boosters
- Maintain improved ventilation throughout indoor spaces when possible
- Follow CDC recommendations for isolation and quarantine, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19

The most effective way to prevent severe illness is to be up-to date with vaccinations and boosters. This is especially important for elders and persons who are immunocompromised or have complex medical conditions. If needed, contact a healthcare provider promptly to discuss what treatment is right for you. Anyone who is sick should stay home. Anyone who thinks they may have been exposed to the virus or is experiencing symptoms, should be tested before visiting with loved ones

For more information about COVID-19, visit the KCHD website at KaneHealth.com.