

COUNTY OF KANE



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Media Release

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Kane County Health Department Recommends Residents Prepare for Cold Weather Now

The Kane County Health Department (KCHD) recommends that residents prepare themselves now for potential extreme winter weather events like cold temperatures, winter storms, heavy snowfall, and ice storms. A list of area warming centers, information on how to prepare your home and car for winter weather, and tips on how to stay healthy in the colder months is available on KCHD's website at: <https://kanehealth.com/Pages/Weather.aspx>

"Now is a great time to prepare for extreme cold weather - before it happens," said Michael Isaacson, KCHD Executive Director. "While we don't know exactly how many weather events we will have this winter, we know that we will experience snow, ice and dangerously cold temperatures at some point, and preparation is key to staying safe and healthy."

KCHD recommends that residents listen for specific warnings like; Winter Storm WARNING, Blizzard WARNING, Snow Squall WARNING. Each of these key terms can signal life-threatening severe weather conditions, so when you hear them, be sure to gather food, water, and medicine before the storm hits. Stores might be closed, and it may be unsafe to travel. Protecting your water supply by keeping faucets to a drip during a freeze, and preparing your car with an emergency roadside kit and a full gas tank are also important.