



Beef Recall

April 27, 2022 - The Kane County Health Department is advising that the the U.S. Department of Agriculture’s Food Safety and Inspection Service (FSIS) has announced that Lakeside Refrigerated Services, a Swedesboro, N.J. establishment, is recalling approximately 120,872 pounds of ground beef products that may be contaminated with *E. coli* O103. The products were distributed nationwide under such labels as Naturally Better, Thomas Farms, Nature’s Reserve, Tajima, Marketside Butcher and Weis by Nature.

The ground beef products were produced from February 1, 2022, through April 8, 2022. The products subject to recall bear establishment number “EST. 46841” inside the USDA mark of inspection. FSIS is concerned that some products may be in consumers’ refrigerators or freezers. Consumers who have purchased these products are urged not to consume them. These products should be thrown away or returned to the place of purchase.

The problem was discovered during routine FSIS testing of imported products. There have been no confirmed reports of illness or adverse reactions due to consumption of these products.

Many clinical laboratories do not test for non-O157 Shiga toxin-producing *E. coli* (STEC) such as O103 because it is harder to identify than STEC O157:H7. People can become ill from STECs 2–8 days (average of 3–4 days) after consuming the organism.

Most people infected with STEC O103 develop diarrhea (often bloody) and vomiting. Some illnesses last longer and can be more severe. Infection is usually diagnosed by testing of a stool sample. Vigorous rehydration and other supportive care is the usual treatment; antibiotic treatment is generally not recommended. Most people recover within a week, but, rarely, some develop a more severe infection. Hemolytic uremic syndrome (HUS), a type of kidney failure, is uncommon with STEC O103 infection. HUS can occur in people of any age but is most common in children under 5 years old, older adults and persons with weakened immune systems. It is marked by easy bruising, pallor and decreased urine output. Persons who experience these symptoms should seek emergency medical care immediately.

For more information, see

<https://www.fsis.usda.gov/recalls-alerts/lakeside-refrigerated-services-recalls-ground-beef-products-due-possible-e-coli-o103>. The Kane County Health Department has an abundance of information about food safety online at KaneHealth.com/Pages/Food-Safety.aspx.

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